

The Freeze

Record: The Church On Cumberland Road, Shenandoah
Stand Up, Mel Mc Daniel

Intro: Wait 16 Beats-Starts on Left Foot

Step	Step(XIB)	Step	Hop	
L	R	L	L	Moving Left

Step	Step(XIB)	Step	Hop	
R	L	R	R	Moving Right

Step	Step	Step	Hop	
L	R	L	L	Moving Back

Step	Step	Step	Hop	
R	L	R	R	Moving Forward Turn 1/4 Right on Hop

DEFINITIONS:

(XIB)=Cross In Back